
HOW TO SAVE A LIFE

In just 30 minutes you will learn what to do in the first critical minutes of an emergency that might save your life or that of a friend, co-worker or family member.



Presented by:

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Operations Director, Ringdahl Ambulance Service

Randy has taught throughout the U.S. and Europe and he has assisted hundreds of organizations to develop and implement AED programs. He has taught lay people, physicians, nurses and emergency personnel for over 30 years and taught with Children's Hospitals & Clinics of Minnesota, the University of Minnesota Dept. of Emergency Medicine, and serves as instructor faculty with Emergency Training Associates and Regional Faculty and ECC member with the American Heart Association.

Presentation will focus on:

- Sudden Cardiac Arrest—What is it?, Why are AEDs and CPR so important?
- How to set-up an Automatic External Defibrillator (AED) program
- New AHA “Hands-Only” CPR & AED demonstrations
- Cardiac Arrest “Survivors” video
- Questions and Answers to your emergency concerns

***What could be more important today than learning
How to Save a Life!***

Date/Time:

Location:

Contact:



[Sudden Cardiac Arrest Association](#)

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