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# HOW TO SAVE A LIFE

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*In just 30 minutes you will learn what to do in the first critical minutes of an emergency that might save your life or that of a friend, co-worker or family member.*



Presented by:

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**Presentation will focus on:**

- Sudden Cardiac Arrest recognition
- New CPR guidelines & “Hands-Only” CPR
- Automatic External Defibrillator (AED) demonstration
- Cardiac Arrest “Survivors” video
- Questions and Answers to your emergency concerns

***What could be more important today than learning  
How to Save a Life!***

*Date/Time:*

*Location:*

*Contact:*



**[Sudden Cardiac Arrest Association](http://www.suddencardiacarrest.org)**

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